

Building Productive Relationships Workshop

Relationships can provide some of life's most rewarding and enriching experiences. They can also generate misunderstandings and frustration. This workshop will help you discover your own motivation and strengths and give you a better understanding of the motivation and strengths of others.

As you become more aware of yourself and others, new choices become possible. This program is about helping you make those choices and setting a course to build more productive relationships.

Not only will you gain greater insight into your own personal behavior, you will grow as a manager, a supervisor, or as a team member.

What you will gain:

- A better understanding of your own motivations for your behavior
- A working knowledge of how to interact with other people in your life to encourage productive relationships
- Methods for managing the conflict in your life, including that which sometimes arises from differences in our personal styles.

*This workshop will utilize the **Strength Deployment Inventory**, a profiling instrument that provides an inventory of how individuals deploy their strengths in relating to others. It is designed to educate the participant in assessing the strengths used in relating to others under two kinds of conditions: when everything is going well and when faced with conflict and opposition.*